

Descriptions of State-Mandated Exams

The Pennsylvania Public School Health law requires a medical examination for children upon original entry into school and in grades 6 and 11. A dental examination is required for children upon original entry into school and in grades 3 and 7. You will be notified via email with an exact exam date prior to any school scheduled exam.

Medical and dental exams will be conducted by the school physician or school dentist in the nurse's office of your child's school. Medical exams require removal of sufficient clothing to ensure a complete exam. Hospital gowns are provided (females). The school nurse is present during the exam. Parents are welcome and encouraged to attend, although it is not required.

The following may be included in your child's medical exam at school:

- Medical history
- Physical assessment, including:
 - ✓ Skin, hair, head, neck, glands
 - ✓ Eyes, ears, nose, mouth, throat
 - ✓ Heart, lungs
 - ✓ Abdomen
 - ✓ Spine/scoliosis (bending position)
 - ✓ Genitalia (males only)
 - ✓ Extremities, musculoskeletal system
 - ✓ Pulse, blood pressure
- Recommendations for follow up care

The following may be included in your child's dental exam at school:

- Dental history
- Dental assessment, including:
 - ✓ shedding of primary teeth
 - ✓ eruption of permanent teeth
 - ✓ oral hygiene
 - ✓ alignment of the teeth and jaws
 - ✓ overall condition and health of teeth
- Recommendations for follow-up care

Exams are intended for screening purposes only. No immunizations are given during school exams, nor are any lab tests administered. No dental work is done at school. In the event that any abnormality is found, the school nurse will notify you, the parent or legal guardian, by phone and in writing (sent home with your child), in order that you may consult with your family physician or dentist.

Pennsylvania School Law requires that a screening for scoliosis be performed on all students in grades 6 and 7. Sixth grade students are screened during their mandated physical by their family doctor or school doctor. Seventh grade students are screened by the school nurse. The purpose of this screening program is to detect possible curvature of the spine in children. If the condition is detected early and appropriately treated, progressive deformity may be prevented.

The screening test consists of viewing the standing child from behind and then forward-bending. To assure full view of the spine, the test will be done during gym class. You will be contacted if there is any reason your child needs further evaluation by your pediatrician, family physician, or orthopedist.

Your child's certified school nurse is happy to answer any questions you may have regarding your child's health. She may be reached at the following:

Burrell High School	Mrs. Dastolfo	334-1403	x2254
Huston Middle School	Mrs. Dastolfo	334-1443	x3150
Bon Air Elementary	Mrs. White	334-1463	x4117
Stewart Elementary	Mrs. White	334-1483	x5029