



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YOUTH PROGRAMS

PRESCHOOL PROGRAMS

SPORTIES FOR SHORTIES (Ages 3–6)

Calling all parents and preschoolers! Sporties For Shorties is a fun class that helps children improve their motor skills in a fun, non-competitive way. Classes will include basketball, kickball, soccer, hockey, and more! Great first-time activity for your child as they will learn the basic skills and fundamentals of both team/individual sports with a focus on FUN!

INDOOR SOCCER SKILLS & DRILLS (Ages 3–6)

Get in on the action with Soccer Skills! Learn soccer basics like dribbling, passing, shooting and defensive skills. Burn off some energy while making new friends, improving coordination, learning about teamwork and having a BLAST!

**AVB – Allegheny Valley Branch | KVB – Kiski Valley Branch | NKB – New Kensington Branch |
WVELC – West Vandergrift Early Learning Center**

Class	Branch/Location	Age/Grade	Day	Dates	Start Time	Y Member	Y Family Member	Non Y Member
Sporties For Shorties	AVB	3-6yrs	WED	1/12-2/16	5:30PM	\$28	\$14	\$84
Sporties For Shorties	KVB	3-6yrs	THUR	1/13-2/17	5:15PM	\$28	\$14	\$84
Indoor Soccer Skills	NKB	3-6yrs	WED	1/12-2/16	5:45PM	\$28	\$14	\$84

YOUTH PROGRAMS

YOUTH BASKETBALL LEAGUE (Grades K-7)

This 3 on 3 co-ed league teaches basketball fundamentals and provides team experience. League practice on Wednesday evenings with games played on Saturday mornings.

DODGEBALL (Grades K-7)

It's DODGEBALL TIME! Join in on the fun as teams compete against each other to become dodgeball legends! We will play as many 5-minute games as we can each week.

INDOOR SOCCER SKILLS & DRILLS (Grades K-3)

YMCA Soccer Skills is character driven and kids develop all of their skills, from passing, dribbling, and shooting to teamwork and sportsmanship. Keeping our focus on participation and fun, your child will learn basic soccer skills through fun scrimmages and drills.



BASEBALL SKILLS AND DRILLS (Grades K-6)

Kiski JV Coach Jordan Perry will help your child build a foundation of all the facets of baseball, including throwing, batting, and fielding. Each class is designed to increase individual skills in a challenging and fun atmosphere. Participants should bring a glove, all other equipment is provided.



**This correspondence is being circulated as a community service at the request of a non-school organization. The information and/or activities are not associated with the School District. Any questions or correspondence should be directed toward the activity coordinator or sponsor as identified hereon.

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Class	Branch	Age/Grade	Day	Dates	Start Time	Y Member	Y Family Member	Non Y Member
Baseball Skills & Drills	KVB	K-2nd Grade	THURS	1/13-2/17	6:00PM	\$28	\$14	\$84
Baseball Skills & Drills	KVB	3rd-6th Grade	THUR	1/13-2/17	7:00PM	\$28	\$14	\$84
Dodgeball	NKB	K-3rd Grade	MON	1/10-2/14	6:00PM	\$28	\$14	\$84
Dodgeball	NKB	4th-7th Grade	MON	1/10-2/14	7:00PM	\$28	\$14	\$84
Dodgeball	AVB	K-3rd Grade	WED	1/12-2/16	6:15PM	\$28	\$14	\$84
Dodgeball	AVB	4th-7th Grade	WED	1/12-2/16	7:15PM	\$28	\$14	\$84
Indoor Soccer Skills	NKB	K-3rd Grade	WED	1/12-2/16	6:45PM	\$28	\$14	\$84
Youth Basketball League	AVB	K-7th Grade	TUE SAT	1/18-3/12	See registration form	\$40	\$20	\$120

YOUTHLEISURE PROGRAMS

KID DANCE (Ages 6-12)

This program is designed to teach our young dancers the basics of several types of dance. Classes will be in 8 week sessions. Each session will focus on a different dance style.



TAE KWON DO (Ages 7-Adult)

What is Tae Kwon Do? TAE means to jump, kick or smash with the foot. KWON denotes a fist used chiefly to punch or destroy. DO is the Art, method or Way. Tae Kwon Do is a technique of unarmed combat for self-defense involving the skilled application of punches, kicks, blocks, dodges and interceptions with the hands, arms and feet. All skill levels welcome! New session available every month!



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Class	Branch	Age/Grade	Day	Dates	Start Time	Y Member	Y Family Member	Non Y Member
Tae Kwon Do	AVB	7yrs-Up	MON&THU	New Class Monthly	6:00PM	\$45	\$22.50	\$135
Kid Dance: Ballet	WVELC	6-12yrs	TUE	1/11-3/1	5:45PM	\$21	N/A	\$63
Kid Dance: Tap	WVELC	6-12yrs	TUE	3/8-4/26	5:45PM	\$21	N/A	\$63